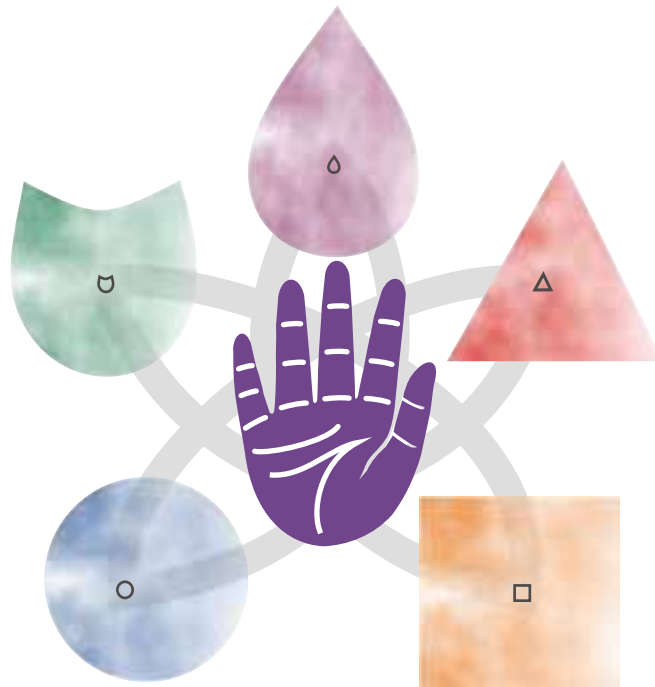




5 Element Cheirology



The Healing Craft of Hand Reading

by Jenny Hirsch
Illustrated by Sandy Wayland



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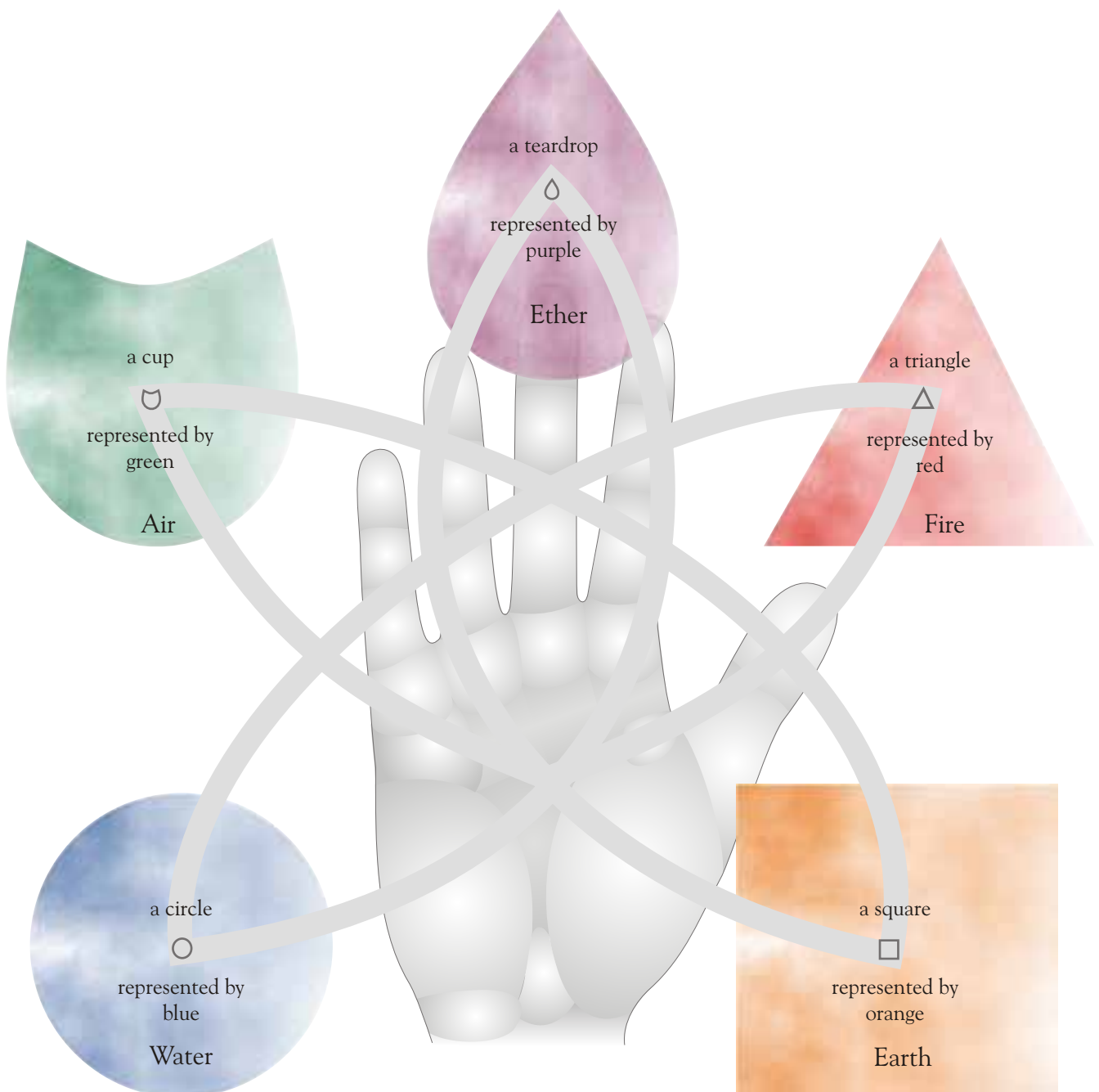
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The 5 Elements

Understanding the principles of the 5 Elements is integral to Cheiromancy. Throughout this book, each element is presented with an associated glyph and colour. An orange square represents Earth, a blue circle represents Water, a red triangle represents Fire, a green cup represents Air, and a purple teardrop represents Ether.

For owners of black only printers, the shape of the glyph will determine the element rulership of each palmar marking.

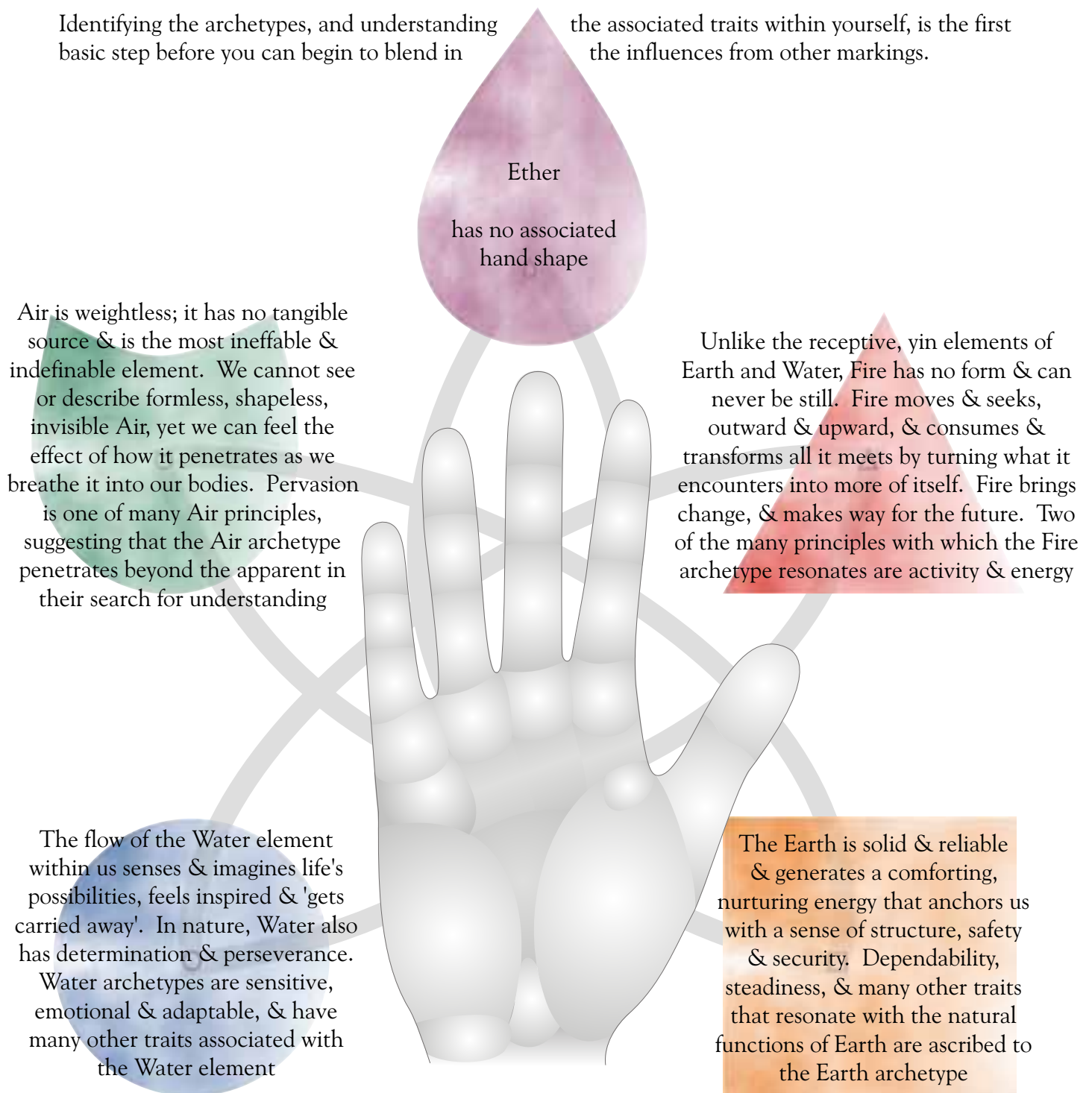


Hand Shape

Four archetypes, the earthy, watery, fiery or airy type of person, are represented in four basic hand shapes. We resonate with and express ourselves through qualities associated with Earth, Water, Fire and Air. Principles and characteristics associated with each of these elements provide the source for personality profiles. Your hand shape tells of your 'element of expression'.

Identifying the archetypes, and understanding the basic step before you can begin to blend in

the associated traits within yourself, is the first the influences from other markings.



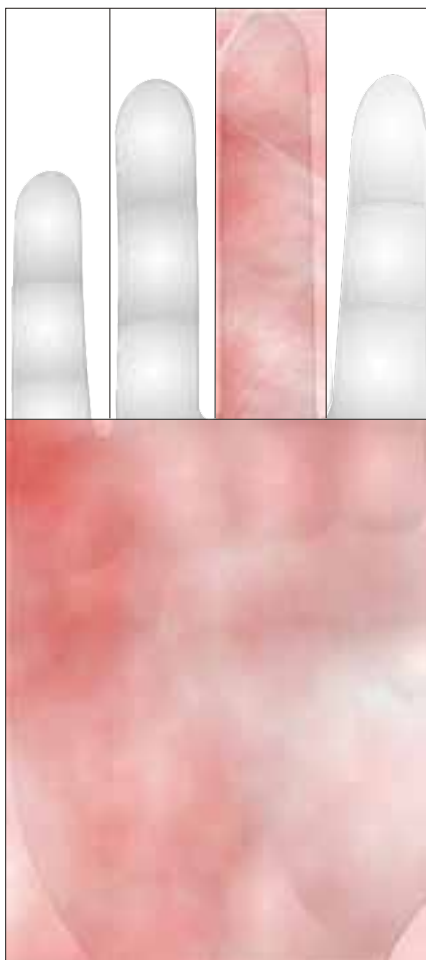
Fire Shaped Hand

Impatient with more subjectively emotional types, Fire types prefer dynamic partnerships. Shared activities, passionate sex and spontaneity are criteria for the foundation of relationship.

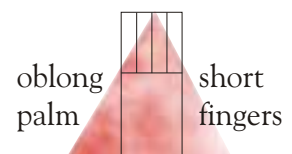
They generally have a vigorous metabolism and are constitutionally robust, but heart disease, high blood pressure and hot, feverish and inflammatory conditions are characterised, as fiery types become over stimulated and 'burn the candle at both ends'.

Ambitious and enterprising Fire people are found in positions in corporate, politics, sport or military. They are the ego centred and innovative leaders and project managers who strategise and make a difference. Creative artists who are influential in effecting progress and change are also expressing Fire energy.

The Fire person may have a fundamentalist approach to religion, with dogmatic fervour and intense need to effect change. They may be found or passionately engaged with transformational development training, or they may have no religious or spiritual orientation at all!



- | | |
|----------------------------------|--------------------------------|
| self destructive | creative |
| intense | healing |
| unreflective | alert |
| fast living | vital & active |
| gambles | seeks the new |
| dictatorial & loud mouthed | effective |
| intolerant | enthusiastic |
| domineering | assertive |
| demanding | pioneering |
| seeks thrills & peak experience | intensely desiring |
| impatient | fervent & excited |
| restless & low boredom threshold | aims for the future |
| obsessive | motivated |
| over commits | enterprising & goal directed |
| bad tempered & cruel | warmly romantic & affectionate |
| ugly | attractive |
| ruthless | brave |



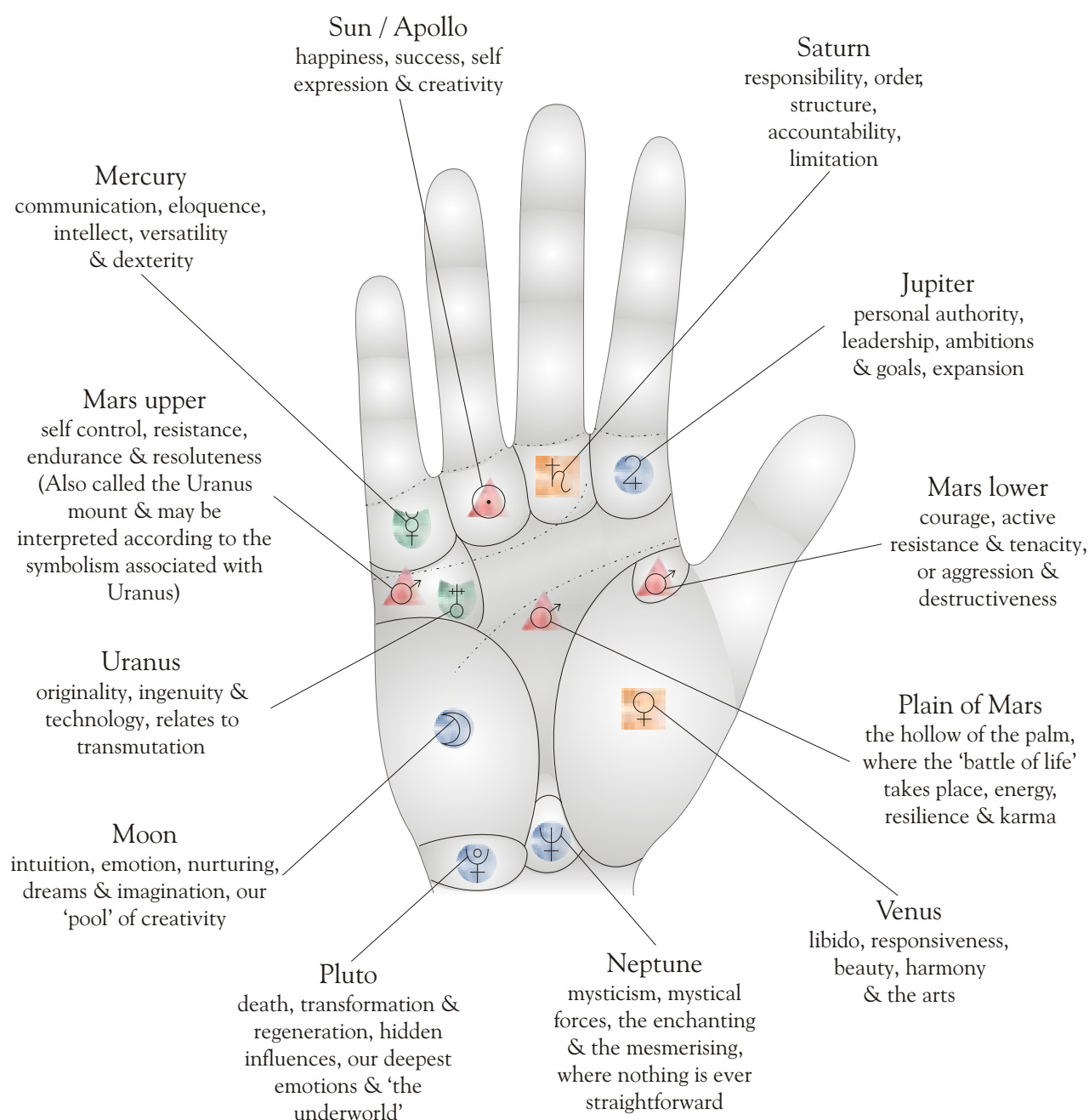
These character traits pertain to the shape of the hand, and can also be ascribed to Fire skin texture and to other markings ruled by the Fire element.

Mounts

Mounts are the fleshy pads that contour to a greater or lesser degree over the palm. They should appear slightly rounded, in harmonious proportion. To interpret them, we turn to ascribed planetary qualities, drawn from the ancient lore of astrology.

The mounts each store a capacity of potential energy. If the mount is noticeably large, or deficient, energies related to that mount are aspected. Large mounts are plump or full, showing an excess of associated energies. A deficient mount is flat, or even concave, showing a deficit of associated energies.

Each mount also resonates with an element. Some examples of the principles of the celestial bodies, their astrological symbol, and their element rulership, are diagrammed below.

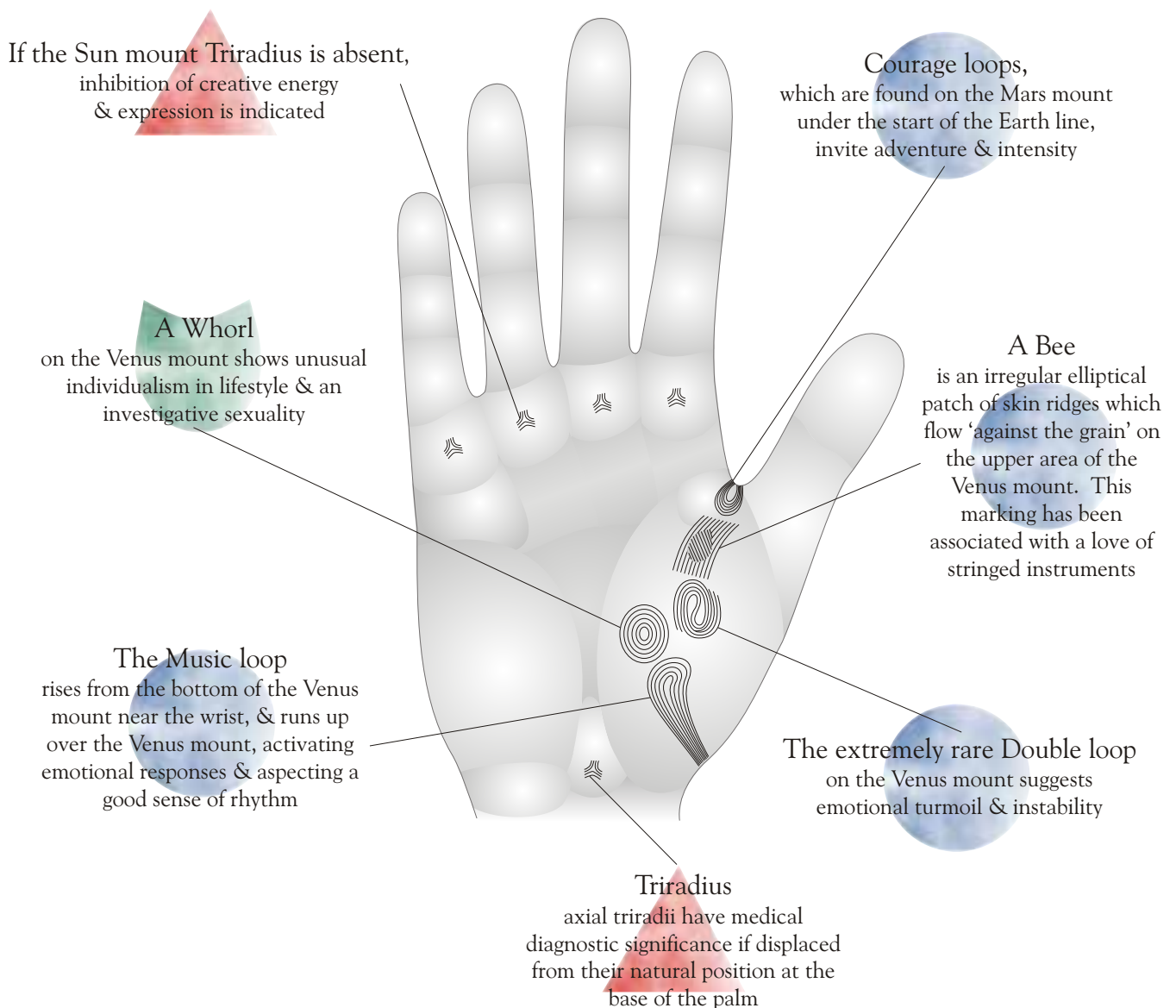


Palmar Dermatoglyphics

The Courage loop, the Bee and the Music loop are occasionally found on the Mars and Venus mounts. These may appear in isolation, or two or even all three may be present on one hand. Whorls on the Venus mount are seldom found, and the Double loop in this position is extremely rare.

Triradii occur when three directions of skin ridges converge to create a small triangle. Governed by Fire, they appear on each digital mount and at the base of the hand (axial triradius).

The patterns are diagrammed on this page with some of their associated meanings.



Rings

Rings are chosen for their beauty, or because they fit, yet traditionally they are worn as signifiers or symbols. Men in political, religious or military roles wear rings on specific fingers, and women wear them as indicators of their, or their husband's economic worth. But most often rings are worn without conscious awareness of a possible significance of why we choose a particular finger. The need to call attention to, and literally add weight to a finger may reveal imbalances of its associated qualities. Rings on all the fingers indicates negative circumstances. The person hides behind the display, and may be avoiding dealing with painful and difficult issues. Wearing no rings is positive. Once you know what each finger represents, conscious placement of a ring can enhance and strengthen the qualities associated with that finger.

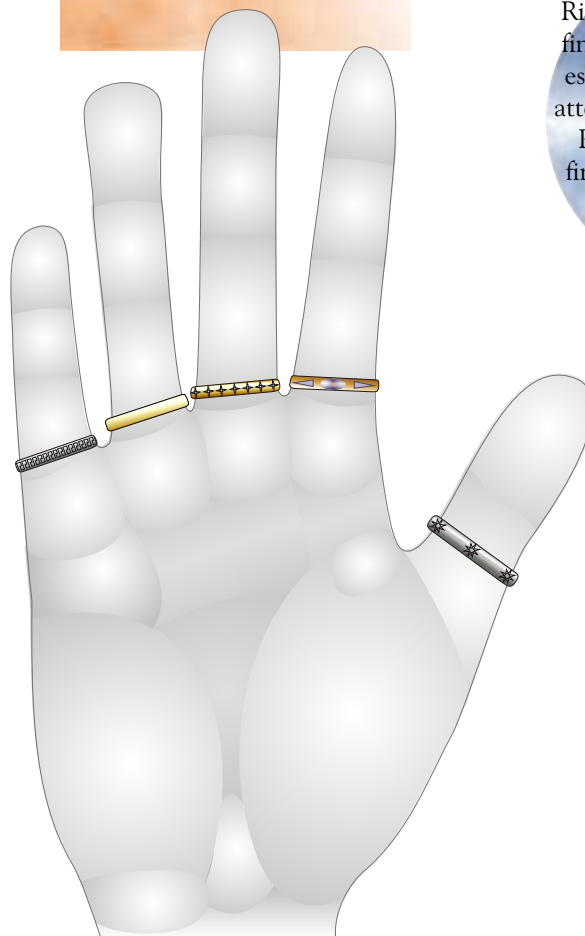
Overly large Fire (ring) finger rings may indicate marital difficulty or economic powerlessness in relationship, but generally, rings on a Fire finger indicate the seeking for creative fulfilment. A ring here also shows friendliness & an appreciation of art and beauty. Place a beautiful ring on this finger to stimulate creativity

Rings on the Earth (middle) fingers indicate concern with home life & with material security but also signal the desire for self-development. Place a ring on the middle finger to reduce anxiety, & to feel more stable, centred & secure

Rings on the Water (index) finger signal issues with self esteem, & are placed in an attempt to boost confidence. Place a ring on an index finger to enhance personal power and to increase authority

Rings on Air (baby) fingers indicate business or sexual issues. Place a ring on an Air finger to improve ability to communicate & to increase personal magnetism

Rings on thumbs show that something is wrong or out of control, & the ring is worn for comfort. Place a ring on a thumb for more energy & to increase will

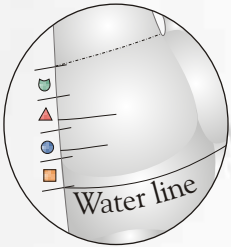


Subsidiary Lines

Subsidiary lines are lines that are connected to, or flow from, other lines. The meanings and indications associated with these lines are reliable and accurate.

'Affection lines'
show the types of relationships that you want, or will attract, into your life

Divide the space beneath the base of the Air finger & the Water line into four element levels



Water line

- ♥ Air level - intellectual, mental, communicative
- ▲ Fire level - active, sexy, passionate, volatile
- Water level - friendly, romantic, idealistic
- Earth level - contractual, materially secure, traditional

'Falling lines'
from the Water line show short term disappointing emotional or sexual relationships & drained emotional energies. Also said to indicate flirtatiousness

'Ambition lines'
rise from the Earth line & run upward over the Jupiter mount, showing aspirations to betterment & elevation of circumstances & spiritual or material ambition

'Attachment line'
the Water line runs to, or sends a clear branch to the start of the Earth line. Water seeks Earth, showing the need for security. Insecurity, possessiveness, clinging & jealousy are characterized along with fear of intimacy, fear of being hurt, suspicion & defensiveness

'Rising lines'
from the Earth line show that energy is available & positive efforts are being made

'Joining line'
a deep line joining the Water & Air lines shows a person who thinks before they feel or feels before they think. Reasoning & feeling are intertwined

'Writers' fork'
the Air line forks, showing the potential for creative expression through writing

'Bow of intuition'
also called the 'true minor Water line'. Psychic & mediumistic ability, strong hunches, inspiration, understanding of mysticism. A very rare marking

'Earth line flows to Water quadrant'
or sends a strong branch towards the Neptune & Pluto mounts. Travel & movement away from country of origin are indicated

'Influence lines'
on the inside of the Earth line show influence of a spiritual teacher or guide & potential awareness of support from unseen realms

'Falling lines'
from the Earth line show depletion, tiredness & drained physical energy. Indicates a spiritual & subjective orientation & a less materialistic outlook. Can also aspect moving house