

# Traits of Being A to Z



Hand Reading

Five Element Chirolology

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# Introduction

Over two hundred human qualities that are reflected in the shapes and formations of our hands are presented in this A to Z. I have gathered the meanings from the old lore of traditional western Palmistry, and from the ancient Chinese Buddhist hand reading system of 5 Element Cheirology. This book will help you to learn a bit of party palmistry, to spot nuances of the hands' gestures amongst colleagues, or, if you are a practising hand reader, other reader, healer or therapist, to deepen a dimension of your work.

The study of Cheirology begins with learning to interpret one marking or characteristic of the hand at a time, but all hand readers concur that a conclusion about a person should never be based on one marking alone. This guide will show you how to cross reference for combinations of markings, shapes and patterns and their meanings that support, back up and verify the accuracy of your findings.

For example, an 'ambition line' identifies an ambitious nature and the desire to elevate oneself, but it is only with the presence of a well formed Water finger, a good Jupiter mount, a strong thumb and a clear Air line that this aspiration will be realised.

It is important that readers understand that although certain characteristics are reflected in the palm, they do not necessarily manifest in the bearer's life personally. To give two examples, the owner of a straight lower minor Water line may not personally be addicted to anything, but is perhaps impacted and affected by someone who is, therefore addiction is a theme, or is aspected. An angle of timing suggests punctuality, but the bearer of this angle may tell you that they are always late. Punctuality is an issue and is aspected.

The glossary at the end explains something of each of the many Cheirological terms mentioned in this book, but excludes other aspects of the craft, which are introduced in the publication, '5 Element Cheirology - The Healing Craft of Hand Reading'.

Dedicated to the beloved students, my teachers.



# Traits of Being

## At a Glance

Alphabetical

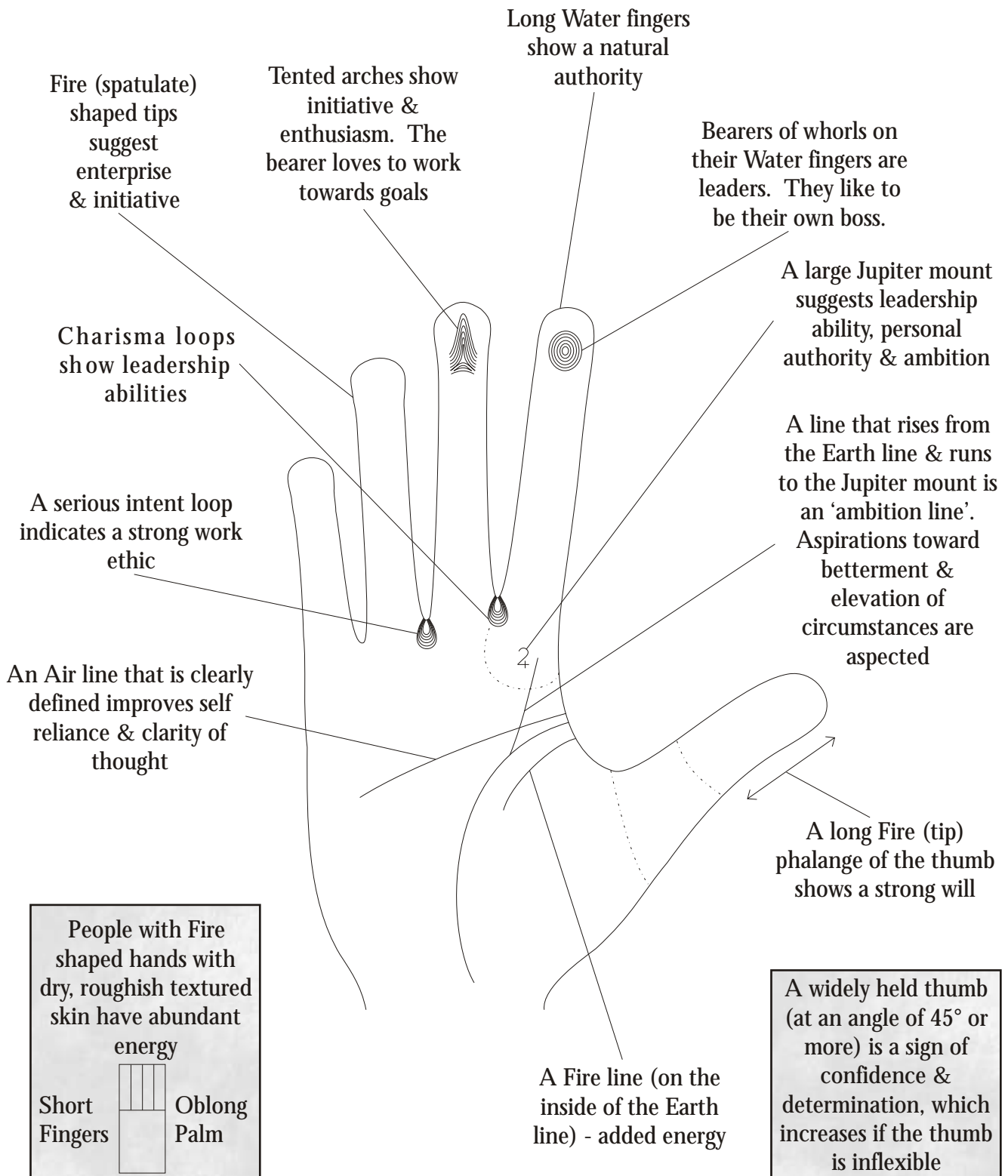
|                   |          |                   |           |                           |           |                        |           |
|-------------------|----------|-------------------|-----------|---------------------------|-----------|------------------------|-----------|
| Acceptance        | 25       | Disillusion       | 14, 24    | Intrigue                  | 4         | Responsiveness         | 20        |
| Acquisitiveness   | 13       | Does not fit in   | 12        | Intuition                 | 16        | Restlessness           | 26        |
| Adaptability      | 25       | Domination        | 5         | Invention                 | 3         | Reticence              | 19        |
| Addiction         | 7        | Double life       | 4         | <b>Investigative</b>      | <b>9</b>  | Rigidity               | 6         |
| Adventurousness   | 2        | Dream recall      | 16        | Irritability              | 17        | Risk                   | 2         |
| Alienation        | 19       | Duality           | 25        | <b>Jealous</b>            | <b>10</b> | Scepticism             | 19        |
| <b>Ambitious</b>  | <b>1</b> | Dutifulness       | 18        | <b>Kind</b>               | <b>11</b> | <b>Secretive</b>       | <b>19</b> |
| Analysis          | 9        | Easily influenced | 25        | Knowledge                 | 9         | Selectivity            | 6         |
| Anger             | 17       | Eccentricity      | 21        | Lack of confidence        | 12        | Self reliance          | 1, 21     |
| Anxiety           | 14       | Egocentricity     | 13        | Laziness                  | 7         | Selfishness            | 13        |
| Apprehension      | 12       | <b>Egotistic</b>  | <b>5</b>  | Leadership                | 1         | Sensitive to criticism | 20        |
| Argumentativeness | 17       | Eloquence         | 15        | Lies                      | 4         | Sensitivity            | 14, 20    |
| Arrogance         | 5        | Emotion           | 20        | Listlessness              | 24        | Sensuality             | 22        |
| Art               | 3        | Energy            | 1, 22, 26 | Liveliness                | 26        | Seriousness            | 18        |
| Attachment        | 10       | Enterprise        | 1         | Logic                     | 9         | Service orientation    | 11        |
| Attunement        | 16       | Enthusiasm        | 1, 26     | Love of luxury            | 13        | Sexiness               | 22        |
| Authority         | 1        | Eroticism         | 22        | Low boredom threshold     | 26        | Shock                  | 24        |
| Autonomy          | 5        | Evasion           | 4         | Low energy                | 24        | Shyness                | 19        |
| Belligerence      | 17       | Excessiveness     | 7         | <b>Low in Self Esteem</b> | <b>12</b> | Spiritual guides       | 16        |
| Benevolence       | 11       | <b>Exhausted</b>  | <b>24</b> | Loyalty                   | 8         | Spiritual wisdom       | 16        |
| Bossy             | 5        | Expansion         | 11        | Malleability              | 25        | Spontaneity            | 26        |
| <b>Brave</b>      | <b>2</b> | Explanation       | 9         | Manipulation              | 4         | Sport                  | 2         |
| Candidness        | 8        | Faithfulness      | 8         | <b>Materialistic</b>      | <b>13</b> | Stability              | 18        |
| Care              | 11       | Fastidiousness    | 6         | Meaning                   | 9         | Stress                 | 14        |
| Caution           | 19       | Fidelity          | 8         | Mimicry                   | 15        | Strong libido          | 22        |
| Challenge         | 2        | Fixed in opinion  | 6, 23     | Miserliness               | 13        | Stubbornness           | 23        |
| Charm             | 22       | Flair             | 3         | Music                     | 3         | Sympathy               | 11        |
| Clinginess        | 10       | Flexibility       | 25        | Need                      | 10        | System                 | 9         |
| Command           | 5        | Focus             | 9         | <b>Nervous</b>            | <b>14</b> | Taciturnity            | 19        |
| Commitment        | 8        | Free spiritedness | 21        | Neurosis                  | 14        | Tact                   | 15        |
| Communication     | 15       | <b>Fussy</b>      | <b>6</b>  | No resources              | 24        | Talkativeness          | 15        |
| Compassion        | 11       | Generosity        | 11        | Non conformism            | 21        | Teaching               | 15        |
| Compliance        | 25       | <b>Greedy</b>     | <b>7</b>  | Not good enough           | 12        | Temper                 | 17        |
| Confidence        | 1        | Green Fingers     | 11        | Nurturing                 | 11        | <b>Temperamental</b>   | <b>20</b> |
| Conformism        | 18       | Guard             | 19        | Observation               | 9         | Tenacity               | 23        |
| Conservatism      | 18       | Healing ability   | 11        | Obsession                 | 10        | Tension                | 14        |
| Control           | 5, 23    | Hedonism          | 7         | Obstinacy                 | 23        | Tiredness              | 24        |
| Co-operation      | 25       | High standards    | 6         | Organisation              | 9         | Tolerance              | 11        |
| Courage           | 2        | High strung       | 14        | Originality               | 21        | Tradition              | 18        |
| Crankiness        | 17       | <b>Honest</b>     | <b>8</b>  | <b>Outspoken</b>          | <b>15</b> | Training               | 15        |
| <b>Creative</b>   | <b>3</b> | Humanitarian      | 11        | Passion                   | 22        | Trustworthiness        | 8         |
| Criticism         | 6        | Humour            | 15        | Penetrative mind          | 9         | Truthfulness           | 8         |
| Cruelty           | 17       | Hyperactivity     | 14        | Perception                | 16        | Turbulence             | 20        |
| Dance             | 3        | Hypersensitivity  | 20        | Perfectionism             | 6         | <b>Unconventional</b>  | <b>21</b> |
| Deception         | 4        | Idealism          | 6         | Perseverance              | 23        | Understanding          | 9         |
| Décor             | 3        | Imagination       | 3         | Persona                   | 4         | Unscrupulousness       | 4         |
| Deliberation      | 9        | Impartial truth   | 9         | Poetry                    | 3         | Vacillation            | 25        |
| Denial            | 4        | Impulsiveness     | 26        | Principles                | 8         | Violence               | 17        |
| Dependability     | 8        | Indecision        | 12, 25    | Privacy                   | 19        | <b>Virile</b>          | <b>22</b> |
| Dependency        | 10       | Independence      | 21        | <b>Psychic</b>            | <b>16</b> | Vision                 | 3, 16     |
| Depletion         | 24       | Individuality     | 21        | <b>Quarrelsome</b>        | <b>17</b> | Vitality               | 22        |
| Depression        | 14       | Indolence         | 7         | Rebelliousness            | 21        | Volatility             | 20        |
| Design            | 3        | Indulgence        | 7         | Recklessness              | 2         | <b>Wilful</b>          | <b>23</b> |
| Despair           | 14       | Inertia           | 24        | Reliability               | 8, 18     | Will                   | 1         |
| Detection         | 9        | Inferiority       | 12        | Repression                | 4         | Work Ethic             | 1         |
| Determination     | 1        | Inhibition        | 12        | Research                  | 9         | Worry                  | 14        |
| Devotion          | 8        | Initiative        | 1         | Reserve                   | 19        | Writing                | 3         |
| Discernment       | 6        | Insecurity        | 10        | Respect                   | 18        | <b>Yielding</b>        | <b>25</b> |
| Discontent        | 14       | Inspiration       | 3         | <b>Responsible</b>        | <b>18</b> | <b>Zestful</b>         | <b>26</b> |
| <b>Dishonest</b>  | <b>4</b> | Intolerance       | 5         |                           |           |                        |           |

# Ambitious

Authority  
Energy  
Initiative  
Will

Confidence  
Enterprise  
Leadership  
Work ethic

Determination  
Enthusiasm  
Self reliance

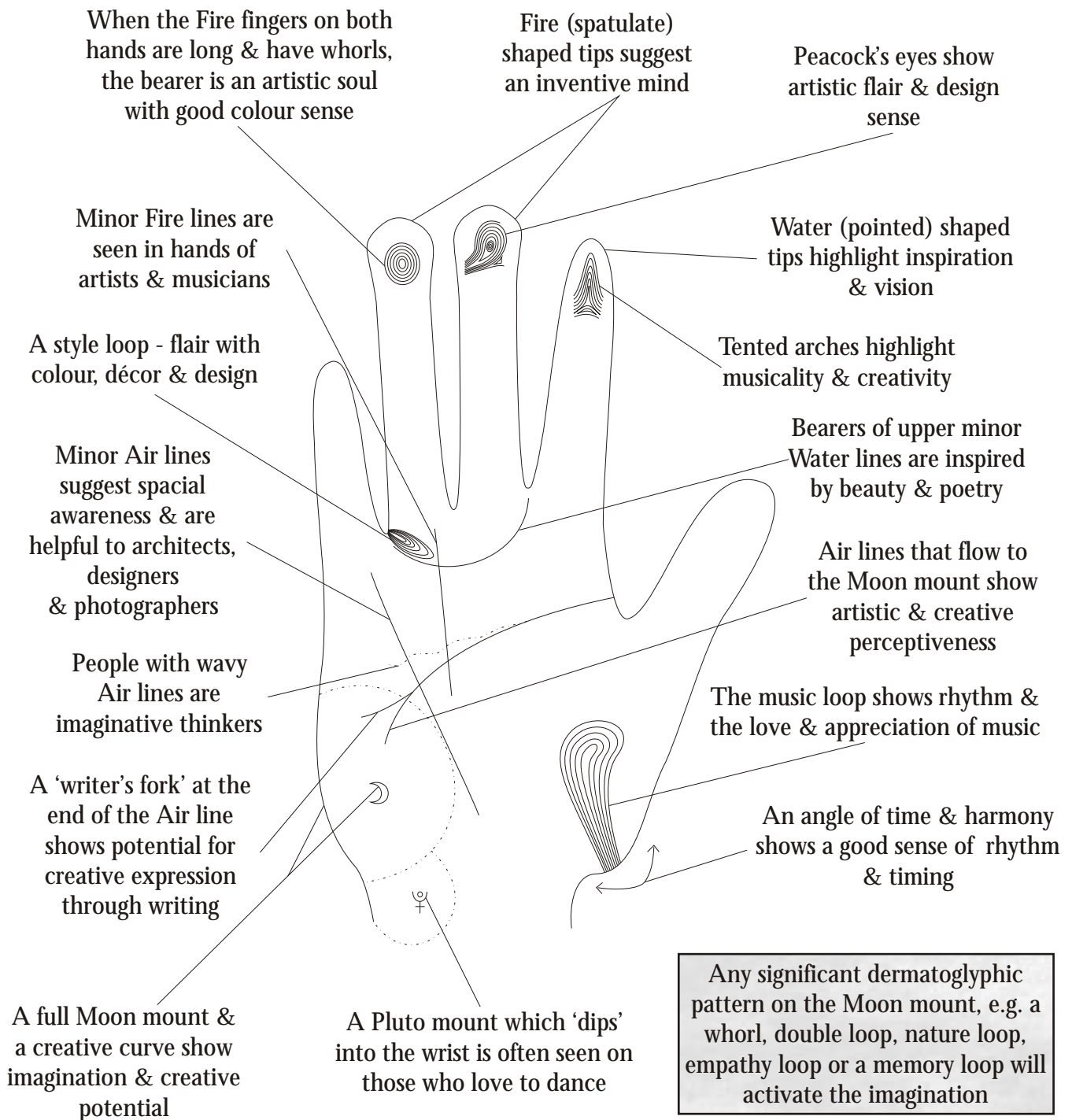


# Creative

Art  
Design  
Inspiration  
Poetry

Dance  
Flair  
Invention  
Vision

Décor  
Imagination  
Music  
Writing



# Jealous

Attachment  
Insecurity

Clinginess  
Need

Dependency  
Obsession

When all fingers lean to the thumb (radial) side of the hand, dependency on others is characterised

A Water finger that bends to the Earth finger indicates emotional acquisitiveness & possessiveness of friends

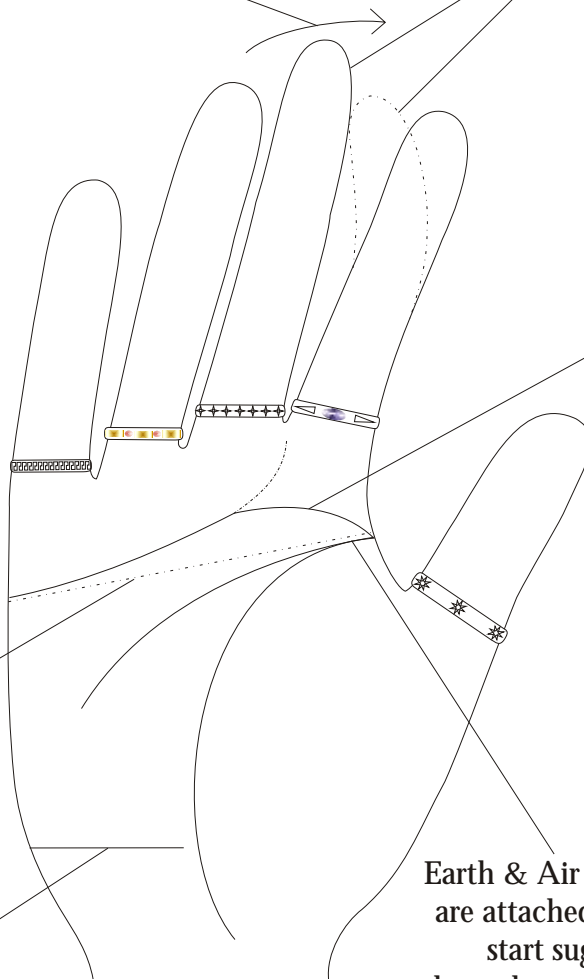
Rings on all fingers & thumbs signal insecurity. The person is trying to strengthen areas of life associated with that finger, by literally adding weight to it. Something is wrong somewhere, & painful, difficult issues are not being dealt with

Water lines that end on the Earth line, or an 'attachment line' from the Water line ending at the beginning of the Earth line, shows dependency, neediness & jealousy. The person has a tendency to cling to a partner & may have desperate insecurity

A Simian line (joined Water & Air lines) shows potential for intensely passionate jealousy & obsession

Earth & Air lines that are attached at their start suggest dependency on family

Straight lower minor Water lines - obsession & jealousy may be characterised or aspected



# Psychic

Attunement  
Perception  
Vision

Dream recall  
Spiritual guides

Intuition  
Spiritual wisdom

The smoother & less knotty the fingers, the more refined & spontaneous the intuition

Any significant dermatoglyphic pattern on the Moon mount, e.g. a whorl, double loop, nature loop, empathy loop or a memory loop will activate the intuition

Water (pointed) shaped tips may be likened to antennae that 'feel' for information that is beyond the apparent. Bearers are visionary

A 'mystic cross,' found independent from other lines in the 'quadrangle' between the Water & Air lines, is said to show spiritual wisdom

A Water (pointed) shaped tip of the Water finger, in particular, shows perceptiveness & psychic ability

The rarely found 'bow of intuition' - strong hunches, awareness of the deeper motives in others & psychic ability

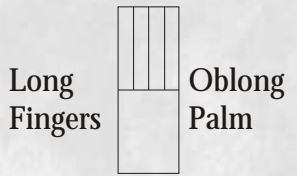
The ring of Solomon hints at the potential of developing spiritual attunement, spiritual wisdom & a higher harmonic frequency

Memory loops show intuition & good dream recall

A raised Moon mount activates imagination & intuition

Double loops on thumbs & fingers - increased psychic potential

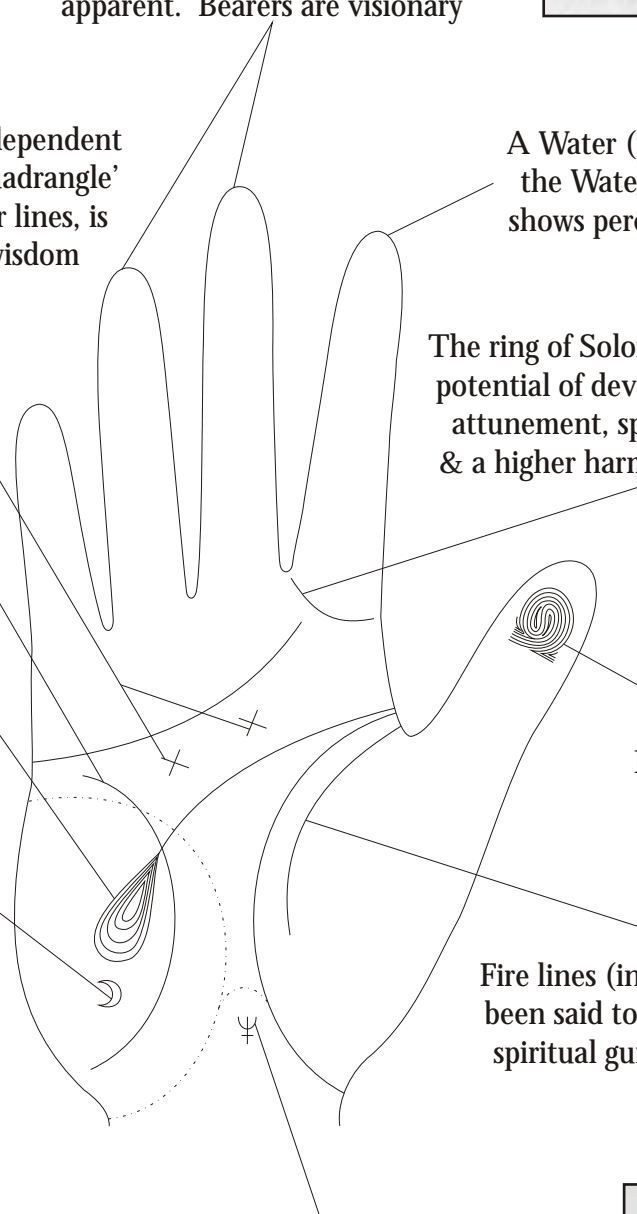
People with Water shaped hands & moist skin texture are intuitive and receptive & will feel moods & vibrational frequencies



Fire lines (inside the Earth line) have been said to represent the support of spiritual guides from unseen realms

A raised Neptune mount shows increased intuition & attunement to the unconscious

Translucent skin on the back of the hands shows spiritual attunement



# Glossary

The illustrations explain just some of the many meanings for the various markings. The glossary describes what the markings, dermatoglyphics and lines are.

- Activation lines - vertical lines on the finger or thumb phalanges which suggest hyperactivity related to the area of life represented by that digit. If there are more than six activation lines hyperactivity is aspected. See Earth, Water, Fire and Air fingers for meanings for each finger
- Air finger - the baby finger, also called the 'Mercury' finger, represents 'impersonal identity', communication, sexuality and relationship to money
- Air line - a main line, the 'head line', a transverse line which runs from the radial side under the Jupiter mount toward a variety of possible endings on the ulnar side of the hand. How the person thinks, how they communicate and whether they are more practical or artistic and imaginative in orientation are represented
- Air line clear - an Air line that is well defined, without markings, e.g. chains, islands etc, which would weaken the flow of the line
- Air shaped fingertips - see fingertip shapes
- Air shaped hands - a basic hand shape type. Palms are square and fingers are long. An unconventional, analytical, communicative person is characterised, and further understood in accordance with the many principles associated with the element Air - see also Hand shape
- Air skin texture - smooth, dry and cool skin texture of the palmar surface
- Air (tip) level phalanges - the fingertips of the Earth, Water, Fire and Air fingers (excludes the thumb), represent conceptual and intellectual orientations
- Ambition line - a subsidiary line, a strong rising line from the Earth line which runs upward over the Jupiter mount towards the base of the Water (index) finger
- Angle of confidence - pertains to the angle at which the thumb departs from the hand, which gives some indication of whether the person is assertive or reticent
- Angle of time and harmony - the lower part of the Venus mount, where the hand leaves the wrist, has an angular or squared appearance